



Birds of Prey Wrestling

Club BoPWC

Birds O' Prey Wrestling Club (BoPWC) is a USA Wrestling-sanctioned club offering off-season training and competition for 6th–12th graders. Practices are held at Fauquier High School (705 Waterloo Road, Warrenton, VA 20186) during Spring and Fall sessions (see BoPWC.org for details).

BoPWC focuses on collegiate and Olympic wrestling techniques, with training led by current and former collegiate wrestlers. The club also hosts mini clinics featuring local college and university wrestlers/coaches to enhance skill development.

****USA Wrestling Card/Membership required**

BoPWC Member Benefits:

- ✓ Weekly Practices – Improve skills with structured training sessions.
- ✓ Coaching Support – Receive guidance at designated BoPWC competitions.
- ✓ Clinics & Camps – Access specialized training from college and university coaches.

Please check out The Birds O' Prey website at BoPWC.org for registration forms and more information.