

## **Fauquier Wrestling Club Facility Operating Procedures 2022-2023**

The following procedures establish the protocol for all training activity specific to the Fauquier Wrestling Club sponsored facility.

The Fauquier Wrestling Club via the Fauquier Sports Foundation and USA Wrestling has sufficient athletic liability insurance specific to athletic based club activities and facilities.

- Participants or Parents/Guardians are required to sign a liability waiver
- Participants or Parents/Guardians are required to sign a Covid-19 specific waiver
- Participants are encouraged to remain at home if any of the following are true:
  - New shortness of breath?
  - New cough?
  - New chills?
  - New sore throat?
  - New muscle aches?
  - Loss of taste?
- Facility equipment (mats and equipment) will be sanitized prior to and immediately following every workout session with appropriate de-contaminant (Anti-Viral, Anti-microbial, Anti-bacterial solution).
- All participants attending a specific session will be notified if another participant in that session has tested positive for COVID-19 or other known, easily transferable illnesses.
- Only coaches, participants and/or a single parent of younger youth wrestlers (<12 years old) are permitted to enter.
- Participants will be encouraged to bring their own water bottle and sharing will not be allowed.